



Cleveland Heights University Heights

MENU

Middle Schools Week 34: 04.28.25-05.02.25	Monday	Tuesday	Wednesday	Thursday	Friday
	Chicken Quesadillas With Black Beans, Seasoned Corn, Salsa and Sour Cream	Breakfast for Lunch Cinnamon French Toast with Baked Tater Tots Pancake Syrup	Chicken Tenders Pita With Diced Tomato, Shredded Cheese, Red Onion, Shredded Lettuce, Ranch Glazed Carrots	Grilled Cheese Sandwich with Seasoned Green Beans Baked Onion Rings	Flaming Hot Popcorn Chicken With Macaroni and Cheese Steamed Broccoli
	Spicy Chicken Filet Sandwich	Hamburger Cheeseburger Cheese Bosco Sticks	Regular Chicken Filet Sandwich	Hamburger Cheeseburger Cheese Bosco Sticks	Spicy Chicken Filet Sandwich
	Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza
	Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable	Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable	Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable	Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable	Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable
	Yogurt Parfaits Hummus Bistro Box Turkey Chef Salad	Yogurt Parfaits Hummus Bistro Box Chicken Chef Salad	Yogurt Parfaits Hummus Bistro Box Turkey Chef Salad	Yogurt Parfaits Hummus Bistro Box Chicken Chef Salad	Yogurt Parfaits Hummus Bistro Box Turkey Chef Salad

ALL MEALS ARE FREE FOR ALL STUDENTS!

Meal Choice Includes: Choice of One Entrée, Two Servings of Fresh Fruit and Vegetables, One Grain, or Bread, and One Low-Fat or Fat Free Milk. Please discuss any food allergy issues concerning your child with the Resident Director.



CHECK OUT OUR FEATURED SUPERFOODS!

Please discuss any food allergy issues concerning your child with the Resident Director.

This institution is an equal opportunity provider.

